

Doctor Instructions

1. Oral Exam

Examine the general condition of teeth, soft tissue health, and record the current tooth shade.

2. Mouthguard Fabrication

Follow the instructions below about mouthguard fabrication. Manufacture mouthguard in your office or send an impression to the LUMINEERS® Smile Design Studio.

3. Instructions to Patient

Review "Patient Instructions" with your patient.

For 16% Concentration

The recommended bleaching regimen is 1 or 2 treatments per day for a total of 2 hours for 14 days, or until desired results are achieved.

For 22% Concentration

The recommended bleaching regimen is 1 per day for 1–2 hours for 14 days, or until desired results are achieved.

For 32% Concentration

The recommended bleaching regimen is 1 treatment per day for 3 minutes for 14 days, or until desired results are achieved.

4. Recall Appointment

Advise the patient that whitening is usually stable for several years. However, certain foods, beverages and tobacco products may cause gradual restaining. In these cases, a maintenance program may be necessary, such as touch-up whitening for 1–2 days as needed.

Schedule a recall appointment in 3 weeks.

Recommended Procedure for Fabricating a LUMIBRITE Whitening Mouthguard

1. Take an impression of the arch(es) you want to treat. The impression should allow all areas of the clinical crown and at least 1/2 inch of gingival tissue surrounding the teeth to be accurately represented.
2. Immediately pour a fast-setting stone mixture into the impression.
3. After the model has set, trim the base to make it as thin as possible (1/16"–1/8"). A hole carefully drilled in the center of the base will improve the vacuum-forming process.
4. Place a thin layer of Paint-on Dental Dam on the stone model and light cure.
5. Place a 5"x5" sheet of .040 or .080 clear resin mouthguard material into the clear resin holder on the upper part of the vacuum former.

6. Set the stone model in the center of the perforated plate of the former and allow the resin sheet to heat until it droops 1" from the clear resin holder. Activate the vacuum switch and lower the resin sheet onto the model.
7. When the mouthguard resin has cooled, remove it and the model from the vacuum former. Remove the resin from the model and trim (scallop) the labial and lingual surfaces of the mouthguard to the gingival margins.
8. Polish the scalloped margins on a lathe using a cloth wheel only. Edge transparency can be recovered by the careful use of an alcohol torch. Wash and clean the mouthguard thoroughly.

Warnings:

- Keep out of reach of children.
- LUMIBRITE Professional Home Whitening System is supplied in a pre-filled syringe. This material is not intended for injection.
- LUMIBRITE Professional Home Whitening System is not intended for patients who are pregnant or nursing.
- LUMIBRITE Professional Home Whitening System should not be used by anyone with known allergy or sensitivity to peroxides.
- Patients with exposed dentin should be assessed for suitability to whitening prior to being given this product.
- Patient expectations should be discussed before treatment. Some teeth may not attain desired results such as existing crowns and bridges, and heavily restored teeth.
- Esthetic restorative procedures should be delayed until at least two weeks after whitening to ensure a good color match.

Questions?

Contact your account representative at **800-445-0345**.

Supplemental Products:

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| LUMIBRITE Professional Home Whitening Kit 16% Fruit | 034369145 |
| LUMIBRITE Professional Home Whitening Kit 16% Mint | 034359145 |
| LUMIBRITE Professional Home Whitening Kit 22% Fruit | 034349145 |
| LUMIBRITE Professional Home Whitening Kit 22% Mint | 034339145 |
| LUMIBRITE Professional Home Whitening Kit 32% Fruit | 034239145 |
| LUMIBRITE Professional Home Whitening Kit 32% Mint | 034139145 |
| LUMIBRITE Professional Home Whitening Kit 16% Fruit Refill | 034368725 |
| LUMIBRITE Professional Home Whitening Kit 16% Mint Refill. | 034358725 |
| LUMIBRITE Professional Home Whitening Kit 22% Fruit Refill | 034348725 |
| LUMIBRITE Professional Home Whitening Kit 22% Mint Refill. | 034338725 |
| LUMIBRITE Professional Home Whitening Kit 32% Fruit Refill | 034238725 |
| LUMIBRITE Professional Home Whitening Kit 32% Mint Refill. | 034138725 |